



**PSYCHOLOGISTS & RETIREMENT
SECTION
PSYCHOLOGUES ET LA RETRAITE**

Minutes of SPAR Section Annual Meeting

June 5, 2026

Zoom and Le Westin Hotel, Montreal, CA

❖ Welcome and Introductions:

The meeting was attended by Monica Baehr, Elaine Clark, Jean Haley, Elizabeth Moore, Juanita Mureika, Frances Owen, and Theresa Zolner on Zoom, and KellyAnne Little and Raazhan Rae Seebach in Montreal.

Regrets were received from Greg McCallum, Noreen Stuckless, and Lorraine Radtke.

❖ Approval of Agenda and 2025 SAM Minutes and Monthly Meetings:

The agenda was approved by those in attendance. Since minutes of all meetings have been circulated to the full membership and no objections were heard, approval was assumed.

❖ Membership and Financial Report

The Section now has 74 members, made up of:

- 43 CPA Members
- 12 Retired Members
- 12 Honorary Life Members
- 7 CPA Fellows

Our current balance is \$ 2924.19, with anticipated expenses:

- \$229.90 Zoom Account
- \$150.00 Gifts for Keynote Speakers

❖ **Nominations/Election of Officers**

No nominations from the floor were received, so the proposed slate of Executive Members was acclaimed:

- Juanita Mureika, Chair
- Monica Baeha, Member at Large
- Elaine Clark, Member at Large
- Jean Haley, Member at Large
- KellyAnne Little, Member at Large

❖ **Summary of Current Activities**

Jean Haley spoke about the activities of the section over the last year:

- Monthly Section meetings via Zoom.
- In-house training session on the practical uses of AI, with a particular focus on the needs of section members, via Zoom.
- A summary of a research project conducted by the section that looked into the number of psychologists working in the field of mental health was published in the fall 2025 issue of Psynopsis (Psychologists in Canada: How many are there? Vol. 46, Issue 3). A more extensive document which had been submitted to Canadian Psychology for publication, but not accepted, was sent to the College Registrars because they had sent us the detailed data that we requested for this project. This longer document was also sent to the CPA in response to their publication of a policy primer titled “Where to from here? Reviewing the number of psychologists in Canada by province and territory, 2017-2023.” We noted their comment on a need for better data in their **Moving Forward** section and we believe that we have some better data in terms of it being more recent and more accurate in its definition of who is a psychologist.

- Provided extensive feedback on all draft Fact Sheets forwarded to the section from the CPA.
- Maintained a presence at the annual CPA convention by making presentations on relevant topics.

❖ **New Projects?**

- SPAR is planning to invite speakers on various topics of interest to address us at special meetings during the year
- We are in the process of developing a FactSheet on Retirement for Psychologists, using the framework from Steven Covey “Begin with the end in mind”.
- We will continue our efforts in advocacy for the profession.
- We are looking into establishing an on-line “library” of articles of interest which have been shared with SPAR members.

❖ **Other business**

- It was agreed that monthly virtual meetings will continue as they have provided the Section members with a sense of vitality and connection. The next scheduled meeting is June 25, 2026 at 1:30pm ET.

❖ **Adjournment**

The meeting was adjourned at 4:00 ET. Moved by Elaine Clark and seconded by Jean Haley.

Recorded by: Juanita Mureika